

RELATED ACTIVITIES

Tool box:

Perception
PowerPoint,
projector, laptop.

Level of difficulty:

Beginner

Time:

20 - 60 min.

PERCEPTION EXERCISE

This activity will challenge participants to identify and confront their own personal biases. Participants are asked to form groups of two. Each group receives a photograph of an individual and a list of questions.

These questions can include:

- » What is this person's name?
- » How old is this person?
- » What languages does he or she speak?
- » Where was this person born?
- » What is his or her favourite music?
- » What is his or her favourite food?
- » What is his or her favourite subject in school?

Each group will guess the answers to each question, and present their answers to the larger group. Once they have finished, the facilitator will reveal the true identity of the subject in the photograph (included in the Perception PowerPoint). If the majority of participants don't know each other, they can use the same questions to guess each other's identity before moving on to the Perception Exercise.



Perception
PowerPoint

LIFE STORY PLAYLIST

Vox Sambou uses music to share his life experiences. If you were to tell the story of your life through music, what songs would you choose? On a blank piece of paper, list songs that mean something to you or that represent turning points – moments of big change in your life. List at least five to ten songs that you would feature on your life story playlist. Turn the paper over and write a response to two of the following questions, or draw an image to represent your answer. Share your reflections with the group.

- » Why is this song important?
- » Where was I and how old was I when I first heard this song?
- » Is there a specific memory connected to the song?
- » Does this song remind me of someone important to me?
- » What does this song say about me as a person?
- » How did the song influence a personal change?

MUSIC VIDEO EXERCISE

The NoBadSound collective communicate their stories, ideas, and values through their music. If you were to share a personal story through a music video, what would it be about and where would you shoot it? Consider all of the following questions.

LOCATIONS:

- » What are five significant locations for me? Why?
- » What do these locations say about me and my life?
- » What are my favorite memories of these places?

CLOTHES:

- » What clothes would I wear in the video?
- » What do these clothes say about who I am as a person, and about my personal history and ancestry?

CAST:

- » Who should I include in my video?
- » What is my relation to these individuals and why are they important to me?
- » What role have they played in my personal history or how have they contributed to my life? What lessons have they taught me?

For each category explain your decisions. What do you hope these visual elements will communicate to your viewing audience about your life? Following this exercise, create a storyboard of your music video and share it with the others in your group.